

Data and Privacy Policy of PILATES WAY

This privacy policy applies to personal information we hold about individuals. It does not apply to information we hold about companies and other organisations

We may update this privacy policy from time to time by publishing the amended version on our website

PILATES WAY takes the privacy of your personal information very seriously and will only use your personal information in accordance with the current data protection law in the UK and this privacy policy.

WHAT INFORMATION DO WE COLLECT?

We ask you to voluntarily provide the following:

- Your Full Name
- Your Address
- Your Telephone No/s
- Your email Address.
- Your age
- Your gender
- Medical information in respect of your safety in our classes.

** However if you cannot/will not provide this information I cannot allow you to participate in my classes.

HOW DO WE RECEIVE YOUR INFORMATION?

We may receive information about you:

- When you complete our health questionnaire.
 - From other third parties who may lawfully pass to us information about you.
- If you complete our Contact Us form we do not retain or store this information.

WHERE IS THE INFORMATION STORED

Your information is stored securely in locked storage in our office in the UK.

USING YOUR INFORMATION

We store a telephone number to contact you in emergencies. We only issue information via our Facebook page.

We will not share or sell your information with any 3rd parties under any circumstances

HOW LONG WILL WE KEEP YOUR DATA?

We will hold your data until you decide that you no longer wish to participate in our classes.

OUR WEBSITE

We try to keep our website secure. However, you recognise when providing your information to us through our website or when you send us or ask us to send you any of your confidential information by email, that the internet and email communications over the internet may not be secure. We cannot be responsible for any loss or unauthorised interception of information transmitted via the internet which is beyond our control.

Our website may contain links to other websites outside of our group. Our privacy policy only applies to our website. We are not responsible for the content, privacy or security of other websites.

USE OF COOKIES ON OUR WEBSITE.

At the moment we do not have any **persistent** cookies associated with our website that gather any data about you.

Types of Cookies

Like their real-world counterparts, cookies come in different flavours:

- **Session Cookies:** These cookies store information about the activities users perform during a single session. They are used to persist data about your activities as you browse through a site but are erased at the end of your session.
- **Persistent Cookies:** You'll also hear these referred to as tracking cookies. Persistent cookies remain on your hard drive until they expire or are erased. These are often used to manage user preferences over longer periods of time.

DISABLING/ENABLING COOKIES.

You can accept or decline cookies by modifying the settings in your browser. You can find Information on how to disable or enable cookies by visiting www.allaboutcookies.org

However remember that disabling some cookie will cause an activity to fail e.g. logging into your bank account.

PROVIDING INFORMATION TO US

If you give us information on behalf of someone else, you confirm to us that you have their permission to do so and that they are aware of the contents of this privacy policy and do not have any objection to our processing their information in accordance with this policy.

You are responsible for informing us of any change in your details, such as a change of address. You have a right to ask us to correct any inaccuracies in the information we hold about you.

You have a right to ask what information we hold about you.

You may contact us at the address below for these purposes.

If you are under 16 please do not provide us with any personal information unless you have the permission of your parent or guardian to do so.

The Data Controller for the company is Lorraine Blackall

The Data is Lorraine Blackall

The Coach House, High Street, Scaldwell, Northampton, NN6 9JS

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